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## CHECK YOUR DESK: ROUNDING FOR ERGONOMIC SAFETY



Everyone has the right to a safe and healthy place to work. But everyday tasks and motions, or a badly laid-out workspace, can lead to ergonomic injuries. The good news is, you can use safety rounding in the workplace to identify risks to correct.



Get started today by planning a simple, ergonomic round in your unit-based team.



**Start a conversation.** Let people know you are rounding for safety by asking them to share their ergonomic questions or concerns. Let them know you'll be passing those along for action. One question to include: "Is there a task you do that's causing you pain?"



**Take notes and share resources.** Use the space below to jot down what you hear and see. And share the online ErgoInfo tool to help people assess their own risks: <a href="mailto:insidekp.kp.org/ergoinfo">insidekp.kp.org/ergoinfo</a> [KP intranet].



**Make it a team issue.** Discuss what you hear with your team co-leads. Follow up at a UBT or staff meeting on any corrective measures taken. Let people know whether further action is required. Be sure the employee who first identified the problem knows what's happening next.